

ADVANCED PAIN MEDICINE, PSC

101 Prosperous Place, Suite 300

Lexington, KY 40509

Phone: 859-271-3114

Fax: 859-271-0220

Stellate Ganglion Block Discharge Instructions

After your injection(s) today:

- * Do not drive or operate machinery for 24 hours
- * Do not engage in any strenuous activity or heavy lifting
- * You may shower or bathe without restriction
- * You may resume your previous activity level
- * Drinking/Eating: Start with a sip of water and progress to solids as tolerated. Use a straw to drink for the first three (3) hours
- * Rest

You may experience any of the following up to 2-6 hours after your procedure:

- * Increased pain
- * Drooping eyelid
- * Red or bloodshot eye
- * Tearing
- * Nasal stuffiness
- * Hoarse voice
- * Sensation of lump in your throat
- * Sensation of warmth or tingling in your arm or hand
- * Difficulty swallowing. Do not eat solid food until you can swallow normally.

You may experience some discomfort in the area where your injection was performed. You may use ice to decrease discomfort and inflammation at the injection site for 24-48 hours after the procedure.

Please notify Advanced Pain Medicine, PSC if you develop any of the following:

- * Any redness that does not go away within a day
- * Drainage or increased pain at the injection site(s)
- * Increased pain for more than one week
- * Fever of 101 F or greater that does not resolve with medication
- * Unusual or new symptoms
- * Numbness, weakness, fever, chills, severe low back pain, groin pain, or inability to pass urine

Advanced Pain Medicine, PSC is open Monday - Friday, 8 A.M. - 5 P.M. For emergencies or after hours, call the physician on call at (859) 271-3114. In case of emergency, please go to the nearest emergency room. If for some unforeseen reason you are unable to reach the physician on call, please go to the nearest emergency room.

APM, PSC

SDB

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